

# sister who's perspective

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## Overview

I remain absolutely convinced that each person is so much more than what is encompassed by a mere physical body and that earthly life is just not long enough to discover all of it. The world and the universe within which we live are likewise so much more than what is available to the five basic physical senses. True spirituality is the process by which what is within and what is around finally begin to fully know each other.

## Seeing Beyond the Present Moment

From one perspective, it puzzles me to no end that so many people act as if their current experience is all there is. From a contrasting perspective, every action is simultaneously multi-layered, fusing together elements of past, present, and future, but often in subconscious ways. The third quality related to most intersections of these two perspectives within time, is how very unaware most individuals seem to be.

It would consequently be legitimate to describe humanity as perhaps the most truly and predominantly blind species to ever walk the surface of the earth. It may thus be that the most intriguing and magical activity of memory and imagination, is the envisioning of all the things that might have been--all of which may have innumerable and invaluable lessons to teach, to those willing to engage in extended contemplation. Consequently, the only time there is nothing more to learn from a particular memory, is when one has somehow lost the ability to learn.

Among the primary adversaries of both perception and learning, are first of all one's own willingness (or lack thereof) to consider whatever lies beyond currently possessed knowledge and understanding and, second, finding one's self within a societal context that somehow needs the present moment to

be less than it is. Specifically because a multi-dimensional experience of life is so much larger and more powerful than any person, those who believe that success lies exclusively within possessing more power than adversarial circumstances and persons, are driven by peculiar obsessions toward varying degrees of megalomania. For such persons, there is no balance, no love, no peace, and no genuinely and mutually empowering array of symbiotic relationships.

In striking contrast, seeing beyond the present moment fills me with humility, awe, and an earnest desire to serve wisdom and love in whatever ways I can. My greatest regrets are those times when I failed to seize an opportunity for service, because I did not think my strength and abilities were sufficient to accomplish any meaningful success. In truth, I will never know what might have happened, if I had just given certain persons the opportunity to embrace something new.

From a human perspective, this prompts the question of how much rejection one can stand. From an obviously contrasting and potentially divine perspective, embracing loss has often ultimately provided opportunities for growth that may otherwise have remained out of reach. From my current perspective of living in a sort of exile, it is nonetheless a belief in future developments that for now are completely unknown, that has me striving to prepare for whatever opportunities await, rather than collapsing into despair.

If life is about demonstrating what sort of person one is, then I am a respectful teacher much more than a warrior. Telling myself that I should be anything other than what I am, avoids honest perception altogether and makes me even less than what I am by denying current abilities. Additionally, telling myself that I am only what I now see, robs future miracles of what will give them life.

May one and all and everything, blessed and loved ever be.

## Feeling Beyond the Current Experience

Many have described psychic perception as a dismissal of one's mind rather than as an integration of thoughts and perceptions with feelings, sensations, intuitions, and even mystery--which ultimately produces a sort of interconnectedness with what lies beyond the self. This sort of empathy is certainly not easy, but what I wish to emphasize at this point is that it is only the beginning. In the same way that learning a foreign language typically begins with the grammatical present tense before learning past and future tenses, initial forays into empathy logically begin with what is most immediately available.

That is definitely not where they should stop. There is phenomenal insight and even wisdom to be gained by feeling with those who have struggled within times, places, and challenges of the past. Similarly, the best possible future choices will be dependent to varying degrees upon empathy with those likely to be directly affected by those choices.

Failing to consider anything or anyone residing beyond the immediate experience, relegates that experience to being shallow, short-sighted, and ineffective in any holistic sense. More concisely, by leaving love behind, the mind is stripped of any ability to do its best work. Conversely, in leaving the mind behind, love has a tendency to stumble toward a particular goal in ways that are dangerously unbalanced, unnecessarily rough, and perhaps unintentionally abusive.

Another aspect of this is remembering the larger range of feelings of which one is capable. Whatever I am feeling now, it will most likely not be my very last emotional experience. Even if I do absolutely nothing except feel frustrated, the current emotion will ultimately be displaced by a contrasting one, simply because no emotion has sufficient energy to be a permanent state.

In embracing rather than denying the cycles of joy and sadness, capability and powerlessness, and innovation and repetition, the metaphorical possibilities of life are radically expanded beyond its mere temporal definitions. More concisely, we can create works that outlive us. One could even

say that this is yet another example of the truth that makes us truly free.

If the current experience offers only the appearance of happiness, but not the substance, one has thereby imprisoned one's self within a lie. If we find ourselves in such circumstances from time to time, it is not that anyone else has judged us, but rather that we have judged ourselves. The blessing then is still having time to make amends and point things in better directions.

The further blessing then would be the ability to reach for joy beyond the sadness of acknowledging the mistake--the ability to prevent the wrongdoing from being the final action. At the level of potential, every minute of life thus holds all the possibilities of the spectrum of human experience. As much as I recommend against attempting to escape the truth of any experience, I enthusiastically encourage the development of skills by which the raw material of tears is endlessly turned into growth, truth, love, and laughter.

Feeling beyond the current experience draws the transcendence and empowerment of the invisible into the mundane material world of daily maintenance routines. One can indeed be much larger than any present moment by being mindful of how extensively multi-dimensional life is. Indeed, even within such terrible and completely unexpected moments as the violent attack on my service dog a few months ago, I knew immediately that the experience would not only pass but also have dramatic effects upon whatever followed--yet in my limited humanness I had no idea what those effects would be.

To remain resentful in response to the injustice heaped upon my dog and myself by the local community's reprehensible absence of constructive response, would mean being stuck in reliving only the pain of that moment without embracing its greater potential. To recover requires an embrace of my healing--as quickly as it is willing and able to come. I must thus allow a current ongoing emotional experience to become a past one and no longer blame myself for its initial occurrence.

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## Reaching Beyond the Current Resources

Many have joked about stretching money so hard that the face on the bill calls out for mercy, which only says to me that the problem of inequitable economic distribution is exceedingly well-known. A much more dangerous implication of this, however, is the possibility that dreams and aspirations might be similarly constrained. If dreams and visions are forsaken simply because of their cost, the world which rises through that void will be similarly impoverished.

Aristotle launched the idea that nature abhors a vacuum; essentially that every emptiness will be filled with something and the only choice one may be able to make is with what any particular empty space will be filled. If financial limitations have thus created an emptiness--physically, mentally, emotionally, socially, or even spiritually--one can expect that something will rush in to fill that void. For some the filler of choice may be any example within a broad spectrum of experiences, addictions, and obsessions.

Even if no choice is made, however, the void will not long be so. Even in the common metaphor of a glass containing water equal to only 50% of the volume of the glass, the only correct answer to the question, "is the glass half-full or half-empty" is, "no." The glass is always full, but in this case that fullness is 50% water and 50% air.

A more important subsequent question is how one will utilize whatever this particular glass contains. A great many societal and personal problems have sadly been created by societal attempts to manage responses of diverse individuals. What would be far wiser

would be utilizing the diverse resources of those individuals to address particular current and anticipated future challenges.

In some cases, I was unaware of what a future challenge would entail and thus arrived at that moment in space and time unprepared for what I discovered. What each particular challenge failed to anticipate, however, was what I brought along inside of me. Specifically because of experiences I'd had and ingenuity I had developed, it was only in the physical and material sense that I arrived at that moment empty-handed.

It seems that resources within are the ones most often overlooked and this is as equally problematic for communities as it is for individuals. By assigning roles and also becoming accustomed to them, a sort of short-sightedness may creep into one's mind and heart, falsely interpreting that the job which any particular individual does, is in fact the only one he or she can do--which is rarely (if ever) true. It is not that additional resources are not available, but rather that their presence is unknown--which explains why they may not appear within lists of the resources which are currently available.

At the heart of reaching beyond current resources is thus discovery of what else one has to give to one's community and/or one's overall life experience. Holding onto one's dreams and aspirations is a gift that one gives to one's self, expressing love and value even--or especially--when others fail to do so. This stretching of spiritual muscles moves one toward greater inner strength.

Reaching beyond is not a matter of merely wanting more, but rather of actually becoming more. It is not about greed or of overcompensating for feelings of insecurity, but rather of creating a larger self than anyone might have thought possible. It is specifically because everything is composed of smaller pieces that can be done one step at a time, that great works can be not only attempted but also brought to completion by a single dedicated, patient, and determined individual who is unwilling to give up or quit.

May one and all and everything, blessed and loved ever be.

*"The problem with staying angry too long is that it increases the chances of overlooking opportunities to perform acts of love and genuine healing."*

-- Sister Who

## Living Beyond the Current Form

"Change is the only constant in the universe," Heraclitus mused, thereby recommending against clinging too tightly to any current form. As much as I understand that to be true, I do find myself often wishing to relive beautiful memories. Nonetheless, I am equally aware that the future holds unimagined wonders which would never be given a chance if my memories were the only spaces within which I am willing to live.

It is specifically because of sometimes unspoken memories and visions that I occasionally make choices that may seem nonsensical. Since others have not seen or experienced such memories and visions, my choices and actions may seem unwise. It is not that they are short-sighted people, but it nonetheless remains true that they do not see what I see, when contemplating present and future possibilities and implications of choices and interpersonal actions.

To live beyond current forms is sometimes a matter of maintaining space and resources within my life for activities and involvements I have never yet experienced. On one hand, I try to trust my intuition whenever I feel inexplicably drawn to a specific person or place. On the other, however, I try to respect whatever limitations I have discovered, enough to refrain from jumping off a high cliff before I have finished developing wings.

Even without wings, however, I persist in creative imaginings related to flight, trusting that they will find their way to manifestation when the time is finally right. The complete truth of such abilities includes their temporal context, suggesting that in the same way that the physical body experiences puberty, the spirit must celebrate its childhood, work through its own form of puberty, and then embrace the daunting world of being an adult without seeing any particular phase as better or worse, superior or inferior, or more or less worthy than any other. What is essential is that each phase be embraced wisely during its appropriate time, without ignoring the reality of the others within their times.

May one and all and everything, blessed and loved ever be.

## On a Personal Note

I have always been the sort of person who rather than indulging any sort of escapism, prefers to grab a challenge by the throat and wrestle it to the ground, before even having the ability to turn my attention elsewhere. I need to respond to the question which each challenge poses, before moving on to subsequent challenges. My mind apparently has extreme difficulty letting go of anything that remains unresolved.

Be that as it may, I find my current residential circumstances oppressive in a number of ways and interpret that another residential move is probable, but the sharply contrasting advice I am receiving about how and in which direction this next shift should unfold is more than a little bewildering.

The effects of this particular genre of stress upon myself and my family are for now mostly subtle, but not for that reason to be ignored. Thankfully, they did not prevent six new episodes of my ongoing television show from being recorded last Sunday. A photo shoot related to the 2018 calendar has also been scheduled for later this month.

Words cannot express, however, how much I long for God Space Sanctuary to be rebuilt so that I may once again spend my days more completely in service to personal and spiritual growth. Your prayers for such manifestation would be greatly appreciated.

May one and all and everything, blessed and loved ever be.

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